

HIGHLANDS • BELLEVUE HIGHLIGHTS



FEBRUARY 2014

ISSUE 12



Photo JENICE SMITH

Is that the face of fear on Grandpa Ted Smith's face? His grandson, Jasper, looks like he's having the time of his life at the golf course.

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February, 2014

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Next deadline: March 15

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HIGHLIGHTS HA HA

“The problem with winter sports is that – follow me closely here – they generally take place in winter.”

– Dave Barry,
American Pulitzer Prize-winning author
and humour columnist



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This editor needs you!

By **BARB MARTOWSKI**

It is with regret that we say good bye to long-time *HIGHLIGHTS* contributor, Anita Jenkins. Jenkins covered many topics that were directly related to the local community, most recently, her column, *The Next Chapter*, which focused on many of the supposedly retired women in our community.

As such a strong supporter of the magazine, she will be greatly missed and will leave a big hole in our magazine. And it is to that end that we are putting out the call for more writers. If you can tell a story, we need you! (leave the editing up to us)

Both the Highlands and Bellevue neighbourhoods are active, involved communities with plenty going on and the writers we're looking for are, in a manner of speaking, those with their ear to the ground. As for subject matter, it's up to you. Maybe you're active in the local social scene – your contributions can help promote the various events as well as provide wrap-ups on how much fun everyone had. Or are you an avid outdoors person and want to promote the many opportunities our unique geography offers. How about an interest in civic affairs – how the City and its decisions impact our communities. If you give it some thought, there are a wealth of appealing topics.

All we ask is that it directly relates to our community, is beneficial and that you commit to writing at least four articles a year. The next deadline is March 15. If you are interested, please e-mail me at highlights.newsletter@gmail.com



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We welcome a new face on our board

By **SUSAN RUTTAN**

A strong neighbourhood is one that knows each other, talks to each other, cares about each other. By that measure, I think Highlands is getting stronger every day.

We have, of course, the Abundant Community project spearheaded by Howard Lawrence, aimed at connecting Highlands residents with neighbours who share their interests.

But we also have another powerful tool, our Facebook page – its name is Highlands/Bellevue Highlights, named after our quarterly magazine. Even if you're lukewarm on Facebook, as I tend to be, you are missing something important if you're not part of this Facebook connection. I think it is now our most important communications tool.

When the house on Ada

Boulevard burned in December, the news – with photo – was on our Facebook page within hours. People commented on the news, adding to the story. Similarly, when the news broke that the Apple company had made a beautiful Christmas commercial in a house on Ada Blvd., we were able to share that 90-second gem with the community on our Facebook page.

The page has more practical uses as well. Highlands sports director Geoff Lilge used the Facebook page to recruit two teenagers to help staff our ice rinks – it took only a couple of days.

Neighbours rallied when they heard on the Facebook page that an elderly and ailing woman needed help shovelling her walk. One mom used the page to look for a babysitter.

The magazine you're read-

ing comes out just four times a year. For production reasons, I must write this article by Dec. 20, months before you read it. That limits my ability to give you a full report on what's going on. But the Facebook page is always fresh and up to date. Don't miss it.

The Highlands Community League annual meeting happens in early June, and we will no doubt be looking for people to join our team – turnover is a natural and healthy thing on a community league board. Please consider getting involved – send me an email.

That's what Jessica Jacobs did. She contacted me in December saying she had moved to Highlands in the summer and she'd like to help out with the work of the league. She is now our programs director and a key member of our team.

Jessica is a busy young



Susan Ruttan

nurse, but she is making time to get to know her neighbours and build a stronger Highlands. We need more people like her, so if you'd like to become more involved with the community, please consider getting in touch.

You can reach me at **president@highlandscommunity.ca**



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Resident gets involved with his new community

By **JANICE FLEMING**

Bellevue Community League has been working hard to add new programs, provide fresh new events, and will be working to update our hall in the next year.

New artwork in the form of murals will decorate our hall for the first time in ninety-four years.

Having an historical reference featured on the outside of our hall is very exciting and will add such a great dynamic piece for all of those who visit us and park in our parking lot throughout the year.

Inside our hall, historic portraits will be a permanent feature in March. These portraits were part of a historical project that began in 2013. It is so important to provide permanent records and features of history of our community.

We will be having a fundraiser later in the spring to help raise money to make improvements to our hall. Watch for more details in the May issue or for an individual flyer outlining our special event.

We will also be endeavouring to have some more winter events in and around our hall since winter is so long in Edmonton. Having Borden park next door to us is so beneficial as once the park is completed, cross country skiing can take place as well as skating in the pond area. Activities such as snowshoeing may be a possibility and other fun snow activities! Keep watching our The Bellevue Community League facebook page on events like these throughout the year.



Janice Fleming Weeks

Klondike Breakfast in July 2013. Jubilos, the Bells of Concordia participated in our Bellevue Bright Lights Concert in November. We know that working with others in our community helps to build the ties and bonds that strengthen each other and are mutually beneficial to our community. We hope to continue this.

Membership and volunteerism

It is so great to see new people moving into the Bellevue Community and getting a membership and volunteering! One example is Cory Seibel. He is new to Canada from North Dakota, US and he showed up to our board meeting in November wanting to know more about Bellevue. I really commend Cory for taking such initiative as a newcomer to our city and community! He graciously has helped us in the Bellevue Brights Lights Contest, attended our concert and continues to volunteer where he can.

If you are new or even if you are not new to Bellevue, drop into our hall or our board meetings, which are held usually on the first Monday of each month at 7 p.m. We need all types of volunteers to make this community rock! Young, old, teenagers, seniors, moms, singles we want you to come to Bellevue and participate in our programs, dances, pottery guild, events.

If you have a passion for something, please email me and I will get you involved!

You can always reach me at bridgetjones6@hotmail.ca

Building relationships

We have been working with different groups this past year at Bellevue. DECSA, Concordia College and Northlands have partnered with us in promoting and having events at Bellevue. Our Drive-In Movie, sponsored by Northlands, that was held in September, 2013 was a great success with over 150 people turning out to watch *Monsters University*! DECSA asked us to help support them in funding from Northlands and we did so for their

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Helpful neighbour gets a public thank you

Hi neighbours:

Have been a resident of our beautiful Highlands for more than 70 years now and have appreciated every minute of it. One of the many reasons for this is illustrated by my desire to thank someone by the name of Brian “?” who lives near me on 63 Street and 111 Avenue during these coldish days of early winter. Just prior to me bundling up to take a swipe at cleaning up my snow on the outside walks last November, I found that once again he beat me to it and graciously did it for me.

With all the assorted aches and pains associated with my advanced age it certainly is appreciated that you have taken the time to help in this matter. Thank you very much, whoever you are, for your kind actions.

This is the philosophy of Highlanders that makes it such a pleasure to be born into such a community, raising a family here and being surrounded by nature and fine people. We are more lucky than most of us realize.

– Franklin Loehde

Editor's note:

Franklin's letter, which just missed the December magazine deadline, was first published on the HIGHLIGHTS facebook page and we hope that he's found out the name of his kind neighbour by now. We are republishing it because it's a letter that we think all can appreciate; a letter of thanks to an unknown neighbour, or rather a neighbour who was only of a nodding acquaintance.

Remember folks, whenever you lend a hand to a neighbour, you're sure to bring a smile – especially when the hand you lend is unasked for. The simple act of lending a hand goes a long way to strengthening our community ties to each other.

Dear Editor:

John Tidridge's article, *The trials of a would-be composter*, certainly provided a negative history of John's personal composting. I am certainly glad we do not have rats popping in and out of our non-working compost units. Let's reflect why I home compost successfully. I am taking personal responsibility of what is placed into the composter. All the vegetable and fruit peelings and overripe fruits and vegetables go into the composter not the garbage.

Yard waste (excluding shredded leaves) forms only a small amount of what I add. Leaves are stored and used in the garden,

yard, and compost unit throughout the year. I grasscycle which means grass clippings do not go onto the compost unit or the garbage. By using my organic waste in the composter material is diverted from the Waste Management Facility.

An added benefit is exercise. Active compost has to be turned regularly. Therefore one has to dig into the mixture which surprisingly gets the whole body into motion providing good exercise without leaving the property.

The benefit of home grown compost spread over the garden and yard compared to off the shelf fertilizers is it makes use of the natural cycle of microbes that produce nutrient rich material without chemicals. The building up of nutrients in the soil takes decades not years. The chemicals in packaged fertilizers can be damaging if overused and not to mention the pollution of our streams, lakes and rivers.

Needless to say we do not have to compost but by doing so we are reducing our throw away garbage and having the satisfaction of (with the help of nature) creating something worthwhile at very little cost. In order to get a reasonable volume of compost material has to be added on a regular basis throughout the year. Yes including winter.

I enjoy teaching adults, and children how to compost as this is part of nature's cycle. John, I would be happy to assist you if you want to reconsider and give composting another try.

– Herb Gale

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Firemen pay a visit to the kids

By **JANICE FLEMING**

On Dec. 14, 2013, two firemen visited Bellevue Community League at the children's puppet show. Firemen Joel Cooper and Mark Boeyenga came to talk to the children about their roles. They presented information on fire safety. The firemen asked the children to count as they put on their uniforms and gear as they pretended they were getting ready to go to a fire call.

They also demonstrated the stop, drop and roll method. They asked the children questions and in turn the kids asked them questions. The kids really enjoyed the visiting firemen, were delighted with the colouring books that each one received, and had a great educational experience.

The kids also made Christmas trees with City of Edmonton youth workers, Chantall and Shirley. They decorated their ice cream cone trees with icing and candy. Later, the kids played some games and then listened to a special Christmas story from Joylynn. The children's puppet show program runs every third Saturday at 1 pm for two hours upstairs in the Centennial Room, unless otherwise specified. Cost is free with a community league membership. Parents can drop their child off or stay with them. Some parents volunteer to help during their stay. It is a great opportunity for the children to play, interact, to learn something and make a craft.

On Feb. 15, Dr. Tony, the chiropractor will be our guest speaker. On March 15, Councillor Tony Caterina will be our guest speaker. On April 19, bring your own basket to join our

annual Easter Egg hunt. We hope to have volunteers from the Ukrainian Cultural Village come to make eggs with the kids. There will be no puppet show in May, but on June 7, we will have our annual planting day, where kids will plant seeds at our hall, and take some seedlings home. This will be the last puppet show for the summer and we will resume again in September.



Photo JANICE FLEMING

L-R: Firemen Mark Boeyenga and Joel Cooper had a great time with Gavin Robinson, Kaden Robinson, Keira Weeks, Kyrin Craig and Ashley Tustin during their visit to the Bellevue Community League's children's puppet show in December.



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Musings of a Master Composer

By **HERB GALE**

With spring almost around the corner, now is a good time to think about what improvements to make to our yards and gardens. Why not add a composting course presented by Mark Stumpf-Allen, Compost Programs Coordinator for The City of Edmonton to your to-do list?

This course is offered at John Janzen Nature Centre, but if we can get a group of interested people from Highlands and Bellevue, the course can be brought to us (perhaps at Highlands Hall?). This would be a two-hour evening workshop offered in March or April.

Stumpf-Allen's standard outline for the workshop touches on the following:

- get an idea of why everyone is in attendance
- discuss what compost is and the critters that make it
- go over the benefits of compost
- touch on the basic guidelines of composting (materials, moisture, air, location, and chopping)
- look at examples of compost methods and review how each of the five guidelines affects the process
- have participants dig into composters and see what lies beneath
- discuss how and why we get heat
- using the finished product
- troubleshooting
- questions

Stumpf-Allen says Community Workshops can be very interesting with the presenter and helper having to be ready for anything in the form of questions. He prefers to work with smaller groups. As an added bonus, participants can purchase a black compost bin for the bargain price of \$35.00.

If you are interested or want more information, contact me at herbmastercomposer@gmail.com or 780 479 5884. If there is sufficient interest, I will make the necessary arrangements.

...

Squirmy-Wormy Vermicomposting/Garbage In – Composting Out (School presentations for Grade 4)

Throughout the school year City staff and volunteers go out to classrooms to provide a course on the use of red wigglers (worms) to make compost.

Last year from September to the end of November, Mark Stumpf-Allen gave 66 presentations to 2,000 students. There are a multitude of bookings for February. At the end of the session, the class is left with a small worm bin – which creates a problem, that being a shortage of worms.

If you are into worm composting with red wigglers and have a surplus of worms, your worms are needed. You can provide worms sorted, or I can help sort out worms ... whatever works for you.

The worms are taken to the City Hall Worm Bin (open for viewing P1 level City Hall) where the school program group pick them up.

Please contact me to make arrangements at herbmastercomposer@gmail.com

...

Bissell Thrift Shoppe was destroyed by fire

The September 2nd 2013 fire totally destroyed the interior of the store. Nothing was salvageable.

Currently there are no time lines for the store's reopening. Barb Nickel, Coordinator for the Bissell Centre (and a long time Highlands resident) says there is a temporary Thrift Shoppe & drop-off centre located at 11817-80th Street (behind the Burger Baron). The store hours are 9 to 9 (closed Sundays.)

Continued on next page

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There is an acute shortage of everything to help the 6,000 low income folks that access the Thrift Shoppe.

For clarification about any donations and how to help, contact Barb Nickel at bnickel@bissellcentre.org or call 780 423 2285 ext.159.

Much-needed items are winter clothing and footwear for children and adults, blankets and sleeping bags, essential kitchen items, as well as coffee, black tea, sugar, powdered creamer, etc. If you are interested in doing a neighbourhood community clothing drive contact Madhu at mkhera@bissellcentre.org



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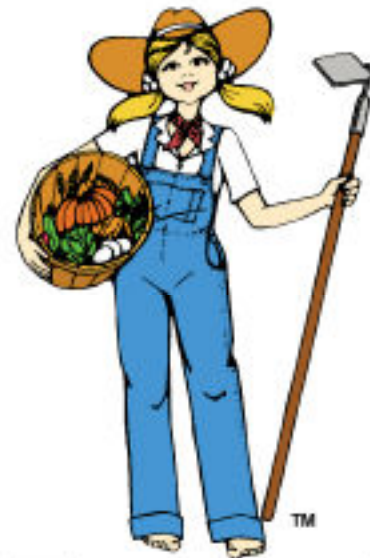
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Bylaw statistics shows how our area stacks up

By JOHN TIDRIDGE

Location, location, location! That is the mantra of the Realtor. It's well known some agents have developed writing skills to catch our attention; for instance, saying a home for sale is in such-and-such a neighbourhood even when it's not... even if only by a block. And, of course, Highlands comes to mind as one of those desirable districts where homes are in a desirable location.

First of all, let's define the Highlands: It is the subdivision between the west side of 50 Street and east side of 67 Street and north of the River [you know which one!] to the south side of 118 Avenue. It also includes the subdivision that once was known as Mount Royal. (A random survey of three people – a low budget operation – suggested a place called Mount Royal, Edmonton no longer exists.)

Highlands is still divided into invisible sectors, IMHO, as follows:

Generally speaking the homes on the Boulevard cost more than most others in the rest of the Highlands. Homes between 67 and 53 Streets and south of 112 Avenue cost more than those in the rest of the Highlands, apart from those noted above. Homes between 60 and 66 Streets, south of 112 Avenue, to 118 Avenue, cost less than those above but higher than the rest the Highlands.

Those homes east of 55 Street to 50 Street are the lowest priced. Of course 'infilling' may be changing the nature of the Highlands altogether. And did I mention lot sizes?

Whether you agree or not with the above assessment, Bylaw Enforcement trends in a neighbourhood are a good indicator of the health (as in 'the care taken by owners/renters of their property') of a neighbourhood. The following chart should be a warning that perhaps we should be more diligent in our neighbourhood watches. The amount of 'snow on walk' complaints is an indication that perhaps home occupants are not as diligent as they were only several years ago. This neglect will not encourage walkers.

I was definitely surprised at the number of untidy and unsightly properties, even before the 2013 increase. The number of weed complaints is high as well, considering Highlands is a long established neighbourhood.

The inspector's and her supervisor's comments are worth a read – they follow this chart.

	2012	2013	+/-
Location Type			
Business Licensing	22	18	-18%
Snow on Walk	94	127	+35%
Untidy/Unsightly property	21	38	+81%
Overhanging trees	1	13	+1200%
Dumping on City property	1	2	+100%
Weeds	13	21	+61%
Graffiti	2	3	+50%
Recreational vehicle violation	0	4	+400%
Noise	2	0	-200%
Nuisance in respect of building	3	1	-66%
Tracking mud onto city street	2	0	-200%
TOTALS	161	227	+41%

One additional Inspector was provided on a temporary basis over the summer and fall of this year in the Northeast District which allowed officers to shift to a more proactive enforcement approach. This directly led to an increase in patrols, and subsequent Bylaw investigations, in the Highlands neighbourhood. The area Inspector has noticed a small increase in rental units in the neighbourhood. Typically, rental homes are more often prone to property standards issues which can arise from a lack of regular monitoring and ongoing guardianship from the property owner. (Whether you agree with this comment, it is the view of many police and bylaw personnel)

There have been no observable trends or emerging Bylaw issues in the neighbourhood that should be cause of concern to Highlands' residents. Overall, the Highlands neighbourhood continues to be well maintained and is one of Edmonton's more aesthetically pleasing historic communities.

What our officers have to say

I asked Kim Clark, Community Liaison Sergeant, B-2 Area, Northeast Division. Sgt. Clark replied that, "The Northeast Division encompasses one fifth to one quarter of the entire city of Edmonton. The Division is divided into four districts, we as police identify as B-1, B-2, B-3, B-4. The B-2 District covers the Urban area from Wayne Gretzky Drive to Victoria Trail and Ada Boulevard to the Yellowhead Trail.

"The police service tracks statistics for eight crime indicators: Assaults; Homicides; Robberies (Thefts with Violence); Sexual Assaults; Break and Enters; Theft From Vehicles; Theft of Vehicles; and Theft Over \$5000.00. In Northeast Division to date, for 2013, the eight crime indicators are up 10.5%, or a total of 462 more reported incidents than in 2012."

For Highlands specifically, Clark stated: "In terms of Violent Crime for 2013, Highlands went from 12 reported Assaults in 2012, up to 16 this year. Homicides remain at 0 for both years; Robberies remain the same for both years at 5 reports; Sexual Assaults are down from 1 to 0 reports this year. For Property Crime for 2013: Highlands went from 39 reported Break and Enters in 2012, down to 27 this year; Theft from Vehicles went down from 25 to 22 reports; Theft of Vehicles increased from 9 to 11 reports; and Theft over \$5000.00 remain at 0 for both years.

"Overall I am pleased to report that all total reported incidents in Highlands are down 11% in 2013 compared to 2012".

Clark added that there has been a city-wide increase in vehicle thefts which accounts for the slight increase in Highlands.

She urges us to continue to be vigilant in our own crime prevention efforts. Keep your home and garage doors locked. Make sure that you have locked your vehicle and left no items inside that may tempt a thief (even a few coins is tempting); and don't leave your vehicle running and unattended."

NOTE: To report a Bylaw violation or for more information on City Bylaws, citizens are encouraged to call 311.

(Credit to Municipal Enforcement Officer Darlene Kutnikoff and Field Supervisor Mike Martin and Director Ryan Pleckaitis, City Edmonton for their quick response to questions.)



Photo TED SMITH

Let's go for walkies

By **JAMIE GANSAUGE, HGC Course Superintendent**

First off, on behalf of the Highlands Golf Club Maintenance Department, I would like to thank Highlands community members who walk their dogs on the golf course or simply walk the course themselves. We very much appreciate the care you take in picking up your dog droppings, fetch sticks, garbage, etc.

It is very apparent that you take a great deal of pride in insuring that the golf course is looked after and we are very appreciative for that.

Please continue to enjoy the cleared paths and we look forward to many conversations with you and your dogs throughout the winter months.



wayne moen b.a.



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Another one of our latest projects in the neighbourhood!



Local resident ponders those who lived here before

By ANGELA VAN ESSEN

I am a second generation resident of the Highland's community, and I've often wondered about the history of this place. Indeed, the name of the beloved river that runs through this neighbourhood bears a Cree name: the Plains Cree call it kisiskâciwani-sîpiy which can be translated into English as a "swift-flowing river." This name reminds me that we are living in traditionally Cree territory.

As a graduate student at the University of Alberta, my research interests include Plains Cree language, history and contemporary settler-Aboriginal relations. It's for this reason that I am looking forward to an event that is being held in our city.

This upcoming March 27-30, Edmonton will be hosting one of the final national events of Canada's Truth and Reconciliation Commission.

And while non-Natives and Natives are invited to listen and tell truths about Canada's past (specifically the legacy of the Indian Residential School system) I wonder how this will change the way we tell our stories. What would our stories look like if we tried to weave our stories and our histories together? Can sharing stories in this way help us imagine a better future for both Native and non-Native residents of the Highlands-Bellevue community?

In his essay, *We Are All Treaty People: History, Reconciliation, and the 'Settler Problem'* Roger Epp calls all Canadians to search for "common ground for treaty peoples whose inheritance is filled with mixed blessings, and includes obligations of memory and relationship on all sides. It can nourish tentative steps in the 'art and practice of neighborliness,' in miyowicehtowin (good relations) and witaskiwin (living together in the land)."

I feel hopeful when I imagine these "tentative steps" being taken, and I wonder where our journey might lead us if we do.

The Canada's Truth and Reconciliation Commission event will be held at the Shaw Conference Centre. Admission is free and if you would like to learn more visit

www.trc.ca/websites/trcinstitution/index.php?p=3



The shape of the logo- a circle- reflects the Circle of Life. In the Circle, we join together to share truth. The flames sustain life in the Circle and provide safety and sustenance. The seven flames that make up the circle represent the seven sacred teachings: love, respect, courage, honesty, wisdom, humility and truth.

The Truth and Reconciliation Commission draws on each of those teachings in the work of truth-gathering, truth-telling, and reconciliation.



PETER GOLDRING
Member of Parliament
Edmonton East

Ottawa Taxi Drivers Protected Better Than Edmonton Police Constables

For the past five years the City of Ottawa has mandated the installation of security cameras, to record taxicab occupants – both drivers and passengers. For privacy reasons, images from the camera are only downloaded by the police and used for the purposes of law enforcement when there are reasonable grounds to believe that a Criminal Code offence has taken place.

Which leads to the question: if such devices can be made mandatory for Ottawa taxis, why are they not mandatory for Ottawa police vehicles, or indeed all police vehicles? Why do police officers not at least use body-worn cameras? Why should it be that Ottawa taxi drivers and passengers be better protected than other cities and indeed be better protected than police officers and the public across Canada even here in Edmonton? Such devices would offer increased protection for the public and for police themselves. In recent years there have been many high-profile incidents with conflicting reports that could have been easily resolved if there was video evidence available. A picture is worth a thousand conflicting stories, and the camera doesn't lie.

The argument that such devices would be expensive to install doesn't hold much weight. The cameras would pay for themselves. Faced with video evidence many accused would plead guilty rather than trying to outwit the system. As a result, court costs would be greatly reduced and justice would be speeded up. One day in court can cost over \$20,000, body-worn video cameras cost approximately \$1,200; such evidence would also help protect police from suggestions of improper actions. The technology is there, it makes sense to use it! Battery powered Segways are great for saving constables from the drudgery of pedaling bicycles but they do nothing to protect the police and public from false accusations.

What do you think?

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If only I were to look this good at 100!

By **BRAD BURNS**

Yes, Highlands School celebrates her 100th birthday this year. The history of Highlands School predates the current building by a couple of years. The original two-room, two-story wooden cottage schoolhouse quickly became insufficient to accommodate the growing population in the Highlands area.

In 1913, architect Grant Turner's bid of \$144,440 was accepted and construction began on her in 1914. This date is marked on a beautiful sandstone shield embedded in the architecture high above the main entrance. Unlike today, schools did not go up very quickly and with the outbreak of WW1 the building process was slowed even more.

It was not until 1916 that students were occupying the halls and classrooms. Even then, Highlands School was not complete as only the first floor was built to accommodate the immediate need of the Highlands Community. Construction of the second floor commenced after the war had ended and was completed in 1920 at a total cost of \$210,722.

From 1920 to 1923, the second floor served as Edmonton's first teacher college, training over 1000 teachers. In the 1920s, students were staying in school longer, creating the need to extend the offering into the intermediate grades at Highlands School in 1928. The east wing was added in the early 50s providing a new gymnasium, eight new classrooms and a counseling office. The annex to the south was added a short time later providing an industrial arts lab and a foods lab.

At her peak, Highlands School had a population of over 800 students. Although the population is much smaller today, we are in the midst of a rebirth.



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As she moves into her second century, Highlands School is growing again. Arts Programming has been introduced in response to the request of the community.

To celebrate Highlands School's 100th anniversary, we are planning a weekend of birthday celebrations later this spring. On Friday, May 30 we will be having birthday cake in the afternoon hosted by the staff and students. On Saturday, May 31 there will be an alumni dinner at the Highlands Golf Club (tickets will be available for purchase at the school office).

On Sunday, June 1 the school will be open for tours in the afternoon as one of the activities of the Highlands Street Festival. We are very excited to celebrate 100 years of Highlands School history and begin to imagine the next 100 years.

Special thanks to John Tidridge and to the Highlands Historical Society for information used in writing this article.

For more historical information on Highlands school please visit clubweb.interbaun.com/~jtidge/hihjh01.htm or www.edmonton.ca/city_government/documents/HighlandsWalkingTour.pdf



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The future of Edmonton “garbage”

By **HERB GALE**

What exactly is garbage? According to Laura Henderson, Waste Reduction coordinator with the City of Edmonton, Waste Management Services (WMS), everyone has their own definition of garbage, hence the saying

“‘One man’s trash is another man’s treasure’ as the saying goes,” says Henderson. “However what we dispose of as a society changes seasonally, yearly and on a generational scale. While everyone’s waste is somewhat different we make general estimations by conducting waste composition audits. In the last audit we determined that 28% of our garbage is yard waste, 23% food waste and a startling 16% was paper products with the rest mostly a mix of textiles, metals and plastics.”

With the Composting Facility and the new Bio Fuel Facility, there is quite an impact on the garbage we toss out every week, but how much?

“These facilities are or will be taking items tossed into the garbage and after sorting, the items will be used to create compost or burned to create fuel.

“With organics many countries have none of this material tossed into the garbage. It is used for animal feed or placed into the garden. The City of Edmonton Composting Facility takes organics (stuff that can rot) out of the garbage and turns it into compost and has been doing this since 2000. The Waste-to-Biofuels Facility will be taking garbage that cannot be recycled or composted and turning it into fuel. It’s important to remember that even though we have excellent processing facilities to handle garbage from our homes, residents need to participate in the programs to make them work,” says Henderson.

“The best way to do this is for residents to remember the first R – Reduce. If residents reduce the waste they put out for collection at the curb then we can reduce the GHG (Green House Gases) associated with moving and processing the garbage. For example, leaving grass clippings on the lawn is one action that can have a massive effect on your waste volumes. Setting grass out for collection in Edmonton produces 10 times more greenhouse gas emissions than grasscycling! Reduce is an important aspect of waste management to the City of Edmonton and you can learn and share other ways to reduce your waste at edmonton.ca/reduce”

But are we a society that’s increasing the amount of garbage we toss? Henderson says the amount of garbage produced by residents in Edmonton fluctuates from year to year depending on many factors including the weather and income.

“As a whole, the amount of waste we’ve thrown out has remained relatively consistent. In 2012, WMS collected 297 kg of garbage per capita. This rate has fluctuated between 285 and 313 kg per capita since 2001, with an average of 298 kg.

The big question is the City of Edmonton looking at a pay as you use system to help offset costs of dealing with garbage?

“The City of Edmonton has looked into the idea of a volume based fee structure on several occasions. The feedback from residents has always been the same; they would prefer the current flat fee structure. The monthly EPCOR fee paid by single fam-

ily homes covers not only waste collection, but our state-of-art processing at the Centre, the Recycling Depots, the three Eco Stations and our education programs. This being said, we understand that some residents do produce more waste than others.

“We’re going to be identifying residents who produce large volumes of garbage and contacting them directly with information on how to use our services to reduce their garbage volumes. This education program will be running on a trial basis in February.”

Henderson agrees that there are practical methods that the Edmonton folks could implement to decrease the amount of garbage that is tossed.

“Visiting edmonton.ca/reduce is a great way to find a waste reduction method that will fit your lifestyle. And education is a big factor. We have been taught by the information sheets provided by the City that we can toss almost anything in the garbage, providing we treat it right,” said Henderson. (Eco station material excluded)

“We are all proud of the fact that Edmonton is a world leader when it comes to waste management, but it is important to remember that we need residents to participate in order for the system to work. We ask residents to recycle consistently using a blue bag, blue bin or recycling depot; that residents take their electronics and household hazardous waste like paint and car oil to Eco stations to keep the quality of our compost high.”

On a final note, Henderson says that we, as residents, are excellent at participating in the various City programs, “So thank you and please keep it up!”

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Surviving the winter drive

Changing winter conditions can catch some off guard every year, so it is not surprising that collisions rise after a snow fall. It is common, on a day of heavy snow fall, for police to investigate hundreds of collisions in a 24 hour period.

The impact of collisions affects us all. Hospital emergency rooms are forced to take in more patients, police resources are tied up and insurance premiums can rise. Below are some simple tips that can help make the roads safer for everyone:

Maintenance key

- Always clear all the ice and snow from your vehicle. Frosted windows reduce your visibility, making it harder for you to see and react to hazards on the road. Failure to clear your windows could result in a \$115 fine.
- Use winter tires if you can. Winter tires improve your vehicle's performance in colder temperatures. Try to put on winter tires before the snow hits.
- Install winter wiper blades to reduce the ice buildup on your windshield.

Allow extra time

Leave a few minutes early in winter to account for potential time delays. Posted speed limits are for optimal conditions. If there is ice and snow on the road SLOW DOWN. To maintain control of your vehicle, acceleration and braking should be done in a slow and controlled manner. Rapid movements can lead to skids and loss of control.

Before you head out on the road think about what you are willing to lose. Would hitting the ditch make you later for work than driving 10km/hrs slower?

Would being involved in a collision leave you financially strained? If you or someone you cared about was seriously injured or killed to save ten minutes, would it be worth the risk? Drive safe and stay safe, most importantly – drive the conditions of the road and weather.

– Courtesy EPS



Photo courtesy NATIONAL POST

Driving responsibly will keep you from ending up like this.



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Bellevue Bright Lights contest a great success

By JANICE FLEMING

Over 80 homes lite up for the Bellevue Bright Lights contest in December. We awarded five prizes in the following categories:

Original Christmas was awarded a basket of goodies to Amber Nicholson and Michael Caldwell at 76 Street and 112 Avenue. Their home was decorated with blue and white lights on their home and trees that looked so homey and christmasy!

Cute and Simple was awarded to the Rodrigues family on 113 Avenue and 67 Street. They had a nice red and green display outlining their trees and home. This family comes from Cuba and love the Edmonton winters and celebrating Christmas. We awarded them a family day facilities pass to the City of Edmonton.

Elegant was awarded to a cozy looking home on 113 Avenue and 68 Street. Owners Brent Haakonson and Terrilee Shannon had lights on their trees and house, a lovely tree in their window, outdoor Christmas greenery display and lights throughout the yard. They won a \$50 gift certificate to Coliseum Steak & Pizza donated by the Vargis family.

Creative went to Rodger and Donna Fleming at 112 Avenue and 69 Street. They even had music added to their colourful display of presents, props and borders leading to their front door and along the outside of their home. They had colourful flashing lights that added a special appeal to their home. They received a box of chocolates, a movie pass and a historical picture of Edmonton (donated by Brian Mason).

Extravagant was awarded to Terry and Jennifer Emmerman who live on 74 Street and 110 Avenue. Their home was lit up with two colors and their tree, which is massive, was decorated throughout with colourful lights. This took

a lot of work! It really lit up the block! They won a basket of goodies.

The volunteer judges and nominators were Cory Seibel, Jo-Anne Granstrom, Grace Kelly and myself. Prizes were awarded in late December. We loved seeing the faces of the winners as we rang their doorbell and told them that they won a prize for lighting up in Bellevue Community.

Because of you and others that were nominated, we thank you for your creative efforts, talent and artistry on making our community a beautiful wintery wonderland of lights, colour and whimsy! Watch for this contest again in 2014.



Photos JANICE FLEMING

Top: Donna and Rodger Fleming won the Creative prize with their multi-coloured musical-powered display (above). Left: Cory Seibel presents Brent Haakonson and Terrilee Shannon with their prize for the most Elegant Christmas light display.



Top left: Terry and Jennifer Emmerson's son accepts a gift basket from young Cason Shaw and Jo-Anne Granstom for the Emmerson win in the Extravagant category. Top right: The Emmerson home.

Bottom left: A nod to Original Christmas is how the judges viewed the Nicholson/Caldwell home.

Right: Cory Seibel presents a gift basket to Amber Nicholson.



Membership rewards

By RHODA MCDONOUGH, HCL Membership Director

Now is the time to purchase your Highlands Community membership to ensure you receive the many membership benefits including participation in Outdoor Soccer. To date we have sold 147 memberships and we have lots more to sell!

Why purchase a membership? Becoming a member of our Community League is a demonstration of your commitment to your community. It also gives you a discounted rate for many of our League's programs AND the City of Edmonton along with The Edmonton Federation of Community Leagues have created a new program called "The Community League Wellness Program" offering a 10% admission discount to all the City of Edmonton Recreation facilities.

Purchase your memberships at Mandolin Books, 6419-112 Avenue or purchase online at Edmonton Federation of Community Leagues – www.efcl.org

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Bellevue Historical Portrait Project completed

By JANICE FLEMING

The Bellevue Community League applied for a grant from the Edmonton Historical Board in March, 2013. The League received \$5,000.00 towards this project.

It depicts portraits drawn of past and present figures that have helped to build the history and vibrancy of Bellevue Community League since 1920. These portraits were drawn by artist Robbin Martens.

Martens drew 20 portraits of the following individuals:

D. Cox, Jack Whetstone, Mr. Waterhouse, Mr. Quilley, Mr. Peter Beach, Mr. Les Grant, John Flower, Judy Nuthack, Jeanne Barr, Rick McAdie, Brian Finley and Gordon Vikse.

An official open house will take place on Tuesday, March 19 at 7 p.m. at Bellevue Hall. We encourage community members, as well as family and friends of the above people, to attend this official unveiling which will be permanently installed in the Bellevue Community Hall. Biographies of each individual will accompany their portrait.



BRIAN MASON, MLA

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Highlands Pub Night

By **BARB MARTOWSKI**

One of the longest running events in Highlands is the monthly Pub Night. It takes place the third Friday of every month, with the exception of December, July and August – when even the organizers need to take a break.

The Highlands Social Club took over the organizational duties from the Neighbourhood Patrol, who, for years did a marvelous job recruiting volunteers and making sure everyone had a great time.

At the time of this writing, the January Pub Night hasn't happened yet, but the Social Club was promoting an evening that actually started outside with a little "whole family fun" in the form of Family Skate with a firepit to warm up and music to put the rhythm in your skate. Once the kiddies went home, the adults got on with the regular Pub Night. Darts seems to be an ongoing activity during the Social Club's hosting nights and we have no doubt the Jan. evening was a spirited competition.

I say "Social Club's hosting nights" as many of the monthly events are hosted by volunteers from the community who like to throw a good party. The activities on these evenings range from charity fundraisers to crazy themed nights, but whatever is taking place, they all have one thing in common – bringing neighbours together.

The next Pub Night is Feb. 21, and if you haven't been, plan to do so. They are always fun and it's a great way to make new friends. Located at 6112-113 Ave. and doors open at 8:30 pm.

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 Saturday 9 am to 2:30 pm brunch.

* Mondays till March - closed then same weekday hours

Reservations Recommended

Have you been to the Highlands market yet?

By **ARIE JOL**, market manager

First of all, a big Thank You goes out to the folks of St. Mary's Anglican Church for really welcoming the Highlands Farmers' Market.

They are great to work with and at each Thursday market, provide hot food like beef on a bun, chili or delicious soups at a great price – perfect for those who don't feel like cooking. Either pick it up and take it home, or join us at one of the tables the church sets up for market-goers' convenience. Hot coffee and cold drinks are also available.

We also have to thank our faithful vendors: Coby, Helina, Joyce, April, Phil and Grant who, along with myself, provide a wide variety of food and products that range from sweet fudge, tempting baked goods, hand-made toys and games, traditional Ukranian dishes, specialty seasonings, farm fresh free range eggs, grass fed beef and pork to name just a few of the many items available at the market.

We have a lot of fun each Thursday evening – impromptu singing, the sharing of jokes and even a card game or two when things are slow, but folks, we do not want to be slow.

The goal of the market is to provide the best in local product to you – and to continually rotate in new vendors to keep things fresh, so there is always something new for you to peruse.

This is the pressure for the market manager – having enough vendors to provide the variety wanted by the customers, and to ensure there are enough customers to keep vendors interested in coming back and worth their while to do so.



Farmers' Market

If you haven't yet stopped in, please do so. As mentioned, the market is held every Thursday evening from 4 pm to 8 pm, at St. Mary's church. The entrance is located on the 68 Street east side of the church.

The timing is perfect for stopping in on your way home from work or after dinner, so drop by as we'd love to see you.

For the sheer pleasure of gardening

Do you love spending time in your garden? During these long, cold winter days are you planning and designing what you'll do come the spring? Maybe you're poring over magazines, seeing what's new in the gardening world or hunting for answers with problematic plants or pests.

If any of this describes you, consider joining the Highlands Garden Club. Together we find answers, provide helpful hints to each other, and in general help each other become better gardeners for our own benefit and the community's.

We meet twice a month – Wednesday evenings – at 11333 - 62 St. Please call Audrey at 780-474-2993 for dates and times.

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St. Mary Anglican Church
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 Rev. Elizabeth Metcalfe
 780-477-5458

Orthodox Cathedral of All Saints
 Sunday Service 10.00 a.m.
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 5824-118 Avenue NW
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St. Clare Roman Catholic Church
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 Pastor Les. Theiss
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For church history check: www.highlandscommunity.ca and look at the left side bar, scroll down to 'Places of Interest.'

Jubiloso at Bellevue Bright Lights Concert

By JANICE FLEMING

It was a Saturday night and a beautiful way to spend an evening listening to contemporary and Christmas music from a Bell Choir.

Over one hundred people attended the Bellevue Bright Lights concert at Bellevue Community Hall on Saturday, Nov. 23, 2013. Jubiloso, the Bells of Concordia choir played a series of contemporary and Christmas music throughout the evening. Deborah Rice was the conductor of the bell choir. She described in detail each piece before it was played.

During the intermission, children were making homemade ornaments while others were enjoying the refreshments and desserts. The Jubiloso choir went into the audience and had audience members play the bells while singing carols.

It was a great opportunity for those to learn the bells and participate in the concert. Santa Claus came to visit Bellevue during one of the last songs – Jingle Bells and handed out chocolates and oranges to all the children. Bellevue Community provided door prizes for the event. We would like to thank Save-On-Foods, the Jubiloso Bells of Concordia Choir and McDonalds for donating desserts and refreshments.

We hope to make this an annual tradition at Bellevue.



Photos JANICE FLEMING

The Jubiloso Bells of Concordia Choir entertained a very appreciative crowd at the Bellevue Community Hall in November as part of the community's Christmas celebrations.



Santa Claus made an early appearance at the Bright Lights Concert held at Bellevue Community Hall in November.

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How we love today depends on the past

By CATHY JOL

“As a child, were you comforted when you felt distressed?” I was reading *How We Love* by counselors, Milan and Kay Yerkovich, and was surprised by the question. Did getting comfort as a child influence my marriage relationship today? Hmm – definitely intriguing.

Did my parents get to know all of me? Was I allowed to be the kid? Did my parents allow me to feel and teach me how to deal with my feelings? Did I become a secure connector?

If not, which of the five love styles have I developed? Am I an Avoider, a Pleaser, a Vacillator, a Controller or a Victim? No question there ... I clearly have a blend of two styles.

I go on, reading about marriages between people with different styles: a vacillator married to an avoider, an avoider married to a pleaser, a controller married to a victim, a pleaser married to a vacillator.

I recognized other couples as I read the scenarios. I see patterns in my own marriage too. Aha... that’s why we always run stuck in that situation. And why certain conversations are guaranteed to lead to misunderstandings between us.

In the second half of the book, Milan and Kay introduce a tool that has revolutionized their own marriage.

I was excited. I could see it. But doing it takes longer. I guess I can’t expect 58 years of habits to change after one reading.

Maybe I should think of it like learning a new language. Read it. Remember it. Try it. Goof it up. Correct it. Get comfort-

able with it. Do it consistently.

Gradually I’ll become more fluent.

Here are some of the lines Milan and Kay say they hear in their offices every day:

- “I try hard to make you happy, but you are never satisfied.”

- “I feel like I’m walking on eggshells with you.”

- “I’ve told you over and over what I need, and you just won’t do it.”

- “Why can’t you be more spontaneous and passionate?”

- “If you would listen and do what I ask, I wouldn’t be angry.”

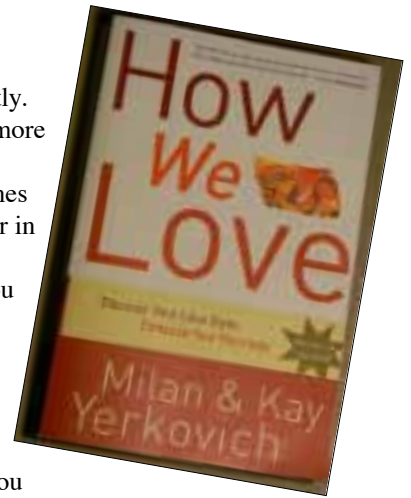
- “I’m happy with the way things are. You’re the one who is always bringing up problems.”

- “You say you’re sorry, but nothing changes.”

Does any of this sound familiar? If it does, consider reading *How We Love*.

The book can be purchased at Mandolin Books and Coffee Company, 6419 112 Avenue, for \$15 plus GST.

You can also check out Milan and Kay’s website at www.howwelove.com



Do you want to get fit FAST?

Kettlebell & Yoga Classes

**Free classes February 8th & April 12th
for New Sessions Starting March 3rd
& April 28th**

Kettlebell is the ultimate tool for overall fitness, endurance, strength, conditioning and is easy the joints.

Yoga heals, nourishes, challenges. Aims to undo tension in the body using the natural principles of gravity and breath.

United Church - Lower level 11305 64 Street
Email: lori@loripassmore.com (780) 913-4343

To review class descriptions and secure your spot, go to www.loripassmore.com

Can't attend classes? Get a copy of "Get Fit Fast" Kettlebell Workout DVD



Lori Passmore - AKC, RKC Level 2, WKC Certified Kettlebell Instructor, Hatha Yoga Teacher, AFLCA Certified Resistance & Group Exercise Trainer



The Highlands Community skating rink is now open, so lace up your skates and have some fun. The rink is located at 6112 - 113 Ave.

Highlands Community League Programs & Events

All activities take place at the Highlands Community Hall unless otherwise stated. 6112 - 113 Avenue
Sundays, **Drop-in Canine Play**, 4pm to 5pm

Bridge Club

- Ladies every Monday, 12:30pm
- Mixed Play every Wednesday, 12 Noon
- Mixed Play every Thursday, 7pm

Wednesdays, **EPL Sing, Sign, Laugh & Learn**, 11am to 11:45pm

Fridays, **Toddler Playgroup**, 9:30am to 11:30am

Pub Night, third Friday of the month, 8:30pm

For a full list of events and activities, always check the Highlands website at www.highlandscommunity.ca on a regular basis and for impromptu activities, join the Highlands Social Club or **HIGHLIGHTS** facebook pages.

If you have ideas for programs or events you would like to see, please e-mail Jessica at programs@highlandscommunity.ca



Bellevue Community League Programs & Events

All activities take place at the Bellevue Community Hall unless otherwise stated. 7308 - 112 Avenue
Fridays, **Teens' Night** – Feb 7, Mar 7, April 11 at 7pm

Fridays, **Mens' Night** – Feb 28, March 28, April 25 at 7pm

Saturdays, **Kids Puppetshow** – Jan Feb 15, March 15, April 19, Jun 14 at 1pm

Learn to Ballroom Dance – Wednesdays – Jan 15 – March 5 – 7pm – 8:30pm (\$60)

Pottery wheel classes – Tuesdays – Feb 4 – March 25 – 6:30 pm – 9:30 pm (\$180)

Call Janice at (780)474-1183 to pre-register for classes above.

Bellevue Historical Portraits Open House

Tuesday, March 18 – 7pm

(view the historical figures of Bellevue Community from 1920 to the present)

Join us on Facebook: The Bellevue Community League

If you have ideas for programs or events you would like to see, please e-mail Janice at bridgetjones6@hotmail.ca or call (780)474-1183



Tina and Steve Baker and their daughter, Ella, get ready to hit the hill on a disc.



Photos by TED SMITH

Three generations enjoy a day of fun at Highlands Golf Club. Background: Jenice Smith, 4-month-old Norah and Grandma Pauline enjoy a little snow shoeing, while Jasper and his dad, Jeff, go rippin' down the hill. Schaffer, the family dog, thinks this is the cat's meow!



L-R: Chris and Robyn Fowler and their dogs, Seffi and Cassie, enjoy walking the trails of the golf course. It's the dogs' favourite time of each day.

Locals live the commercial on a regular basis

By TED SMITH

We are so lucky to be living close to the river valley and the Highlands Golf Course with all it has to offer. An amazing golf course in the summer months and a winter wonderland in the off season for sledding, boarding, snow shoeing, cross country skiing and dog walking.

It's nice to see families and friends using the hillsides for winter activities. Snow boarders building their ramps so they can catch some air and cross country skiers laying their tracks add to the enjoyment in the valley.

Long history

Since the course opened in 1929, neighbours have used the course in the off season for family activities and a place to

just get away from the busy city life. We now see second, third and fourth generations being introduced to the winter activities available in the valley.

Past stories of a ski club with a rope tow, a bob sled run that went from Ada Boulevard and 55 Street down into the valley, through the trees and sometimes across the frozen river.

Words stomped into the snow so low flying planes could read the message. Maybe even an Olympic dream by two brothers living in Virginia Park area started in the valley.

"I like sledding down there. It's always fun," said Ella Baker, and her mom, Tina, expressed that she liked going down into the valley because "I don't feel like

I am in the city anymore ... the outside world sort of disappears."

Steve Baker and his family have — lived in the Highlands since 1999 and they appreciate that the river valley is accessible throughout the year for trail running, sledding and snowshoeing adventures.

Ours for the enjoyment

"The wonderful trails, scenery, wildlife and natural beauty help to slow down an otherwise busy lifestyle. Truly one of Edmonton's greatest assets," says Steve.

The Apple ad from this past Christmas showed the Ada Boulevard and part of the 55 Street trail to several million viewers, and here we are, lucky to have those images just a short walk from our homes in the Bellevue and Highlands area.

HIGHLANDS COMMUNITY LEAGUE CONTACTS

Executive

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Tennis	Ian Tomas		manager@highlandstennis.ca
Community Garden	Jan Kuperus		mine@telusplanet.net
Children's Playgroup	Nikela	780 472-8610	
Gardening Club	Audrey Hayward	780 474-2993	ahayward2@shaw.ca
Lawn Bowling Club	Barb Spencer	780 473-0733	highlandswlawnbowlingclub@gmail.com
Bridge Club	Murray Hoke	780 474-5408	mhoke@telus.net

Partners

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Highlands Seniors Housing	Ann Blakely	780 479-5079	annblakely@shaw.ca
EDM Community Recreation	Anne Harvey	780-496-3436	anne.harvey@edmonton.ca

Disclaimer: This newsletter may contain opinions or statements that are those of the authors, and not of the Highlands community league.



The best way
to beat
Old Man
Winter
is to get out and
enjoy it.

BELLEVUE COMMUNITY LEAGUE CONTACTS

Executive

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Directors

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At Large	Jo-Anne Granstrom	780-908-5168	
At Large	John Flower	780-477-3288	
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CRC	Shannon Murray		shannon.murray@edmonton.ca

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EFCL District Representative	Christine Bremner	780 426-4369	cbremner@telus.net
Highlands Seniors Housing	Ann Blakely	780 479-5079	annblakely@shaw.ca
EDM Community Recreation	Anne Harvey	780-496-3436	anne.harvey@edmonton.ca

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**“Like” us on Facebook at
www.facebook.com/pages/Bellevue-Community-League**

CITY EPS CONTACTS

Community Beat Sergeant	Keith Pitzel	780-426-8100	keith.pitzel@edmontonpolice.ca
Community Beat Constable	Joshua Adams	780-426-8100	joshua.adams@edmontonpolice.ca
Community Liaison Sergeant	Kim Clark	780 426-8100	kim.clark@edmontonpolice.ca

Hey guys, let's play hockey

By **HOWARD LAWRENCE**

Attention Highlands, Bellevue, Virginia Park guys – if you are interested in playing men's hockey, keep reading.

We play at the Russ Barnes indoor arena (121 Avenue and 67 Street) Thursday nights from 9:15 p.m. to 10:30 p.m. through the winter. Games began on Oct. 3 and we play 25 games through to Mar. 27.

This is adult hockey and folks of all skill levels are welcome. This is a no hit, full equipment hockey.

We will divide teams each week and seek to ensure that we have goalies for

every game. There's a lot of guys who have already signed up, but we can always use more – even if you can only play one or two nights.

We limit the number of skaters to 28 per night. I am sure however, that there will be lots of nights with only two lines per team.

Friends can join us to a max of five times for \$20 per skate.

To find out more, please give me a call.

Contact me at 780 707-9501 or e-mail howardlawrence@shaw.ca



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Anjl Horse & Carriage (See display ad page 6)780-474-0535	Highlands Nursery School 11126-60 St780-477-3495 www.highlandsnurseryschool.com (See display ad page 9)
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	Wayne Moen, Realtor-Remax 10170-Saskatchewan Dr.....780-439-7000 www.waynemoen.com 301, (See display ad page 11)
	Zumba Fitness-Dru Davids (See display ad page 7).....780-908-5747

HIGHLANDS • BELLEVUE HIGHLIGHTS



Deadlines: February Issue: Dec 14 September Issue: July 19
May Issue: Mar 15 December Issue: Oct 18

Distribution: 2,250 copies. Hand delivered to all homes, business, local schools and public areas in both Highlands and Bellevue Communities; that is from 50th Street to 76th Street, and between 118 Avenue and the North Saskatchewan River.

Payment: We accept Visa, MasterCard, Amex, or cheques payable to: Highlands Community League and full payment is due when advertising is reserved.

Materials Required: To ensure excellent reproductions, we must start with high quality digital images. Please follow the specifications below as closely as you can. If you have worked with a graphic artist or printer to produce past business cards or advertisements, you may find it easier to ask your suppliers to provide correctly formatted digital files directly to us by email or disk. Include all files used in creating the document. E.g. If your ad contains a photo, send that separately. If you want specific fonts in your ad, indicate those and we will do our best to use them.

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Advertising Coordinators: Shauna Larkin
P: 780.405.6070 E: advert@telus.net
Arie Jol 780.474.0535

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Save 10% by prepaying your full year (4 issues) ad program!

Ad Size	Black & White	Full Colour	Width x Depth
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Half Page	\$116	\$176	7.5" x 4.5" (H) 3.7" x 9.35" (V)
Full Page	\$250	\$400	7.5" x 9.7"
Double Full Page	\$600	\$900	2@ 8" x 10.5"
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Half Page	N/A	N/A	7.5" x 4.8"

View Highlights Magazine online at:
<http://www.highlandscommunity.ca/communications.html>

Where, exactly, do you live?

By **CHRISTINE BREMNER**

A few times a year, we answer a knock at the door or a ding-ing of the doorbell, and find a complete stranger standing on our porch.

That's hardly unusual. What is unusual is the look of stunned shock on the faces of our visitors. To be fair, the first time this happened, I was under the weather and mumping around the house in my fuzzy jammies. The second time, I wondered if I had been mistaken for an alien invader – but then I realized that the callers had expected to see our neighbours, not me.

On one memorable occasion, the caller looked at me and said, accusingly, "You're not Sandy!" I paused, reviewing a number of possible replies, then agreed, gravely, that I am not Sandy.

"Well, isn't this 11329?" she demanded. I pointed to the five-inch tall black letters on the white siding, affixed between the front door and the front garage door. (numbers are clearly visible on Google Earth's street view). "Oh, I didn't notice," she said.

There are some things you can't fix.

I remember well the search for those numbers, back in 1991. We looked in hardware stores all over town, and found them at WW Arcade on Stony Plain Road (back in the days when there were still independent hardware stores). Why do I remember the date? That was the year that the City of Edmonton passed Bylaw C9668, otherwise known as the "Addressing Bylaw."

This bylaw requires that all residences in the City of Edmonton have affixed to the front of the building, in contrasting colour, numerals that are at least four inches (10 cm.) high if not illu-

minated, and no less than three inches, or 7.5 cm, if illuminated. These numbers should be clearly visible from the street.



The purpose is to make your address easily spotted by emergency services. It may also help the occasional dyslexic or distracted postie (as long as we have door-to-door delivery, that is).

It also helps folks unfamiliar with your home to find you.

A couple of years ago, I dropped off some documents to an address on 111 Avenue. I drove slowly back and forth along the roadway, searching for the house. In exasperation, I parked, and lugged the box of papers along the sidewalk, peering intently at the houses. In late summer, the light from the streetlamps was swallowed up by the canopy of leaves and the houses were obscured by shadow.

Finally, I found the house I was seeking, and there were indeed numbers. Propped up against the second step of the porch, shaded by an overgrown bush, was a plaque with small, brown numbers about two inches high, affixed to a slightly lighter brown ground. It all reminded me of the old joke about country directions: turn right where the white church used to be...

So take pity on the wanderer, searching for your home. Make sure your house numbers are clearly displayed. Then hope that those who wander will notice.

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